



# Nam Hoa Acupuncture

160 Macgregor Pines Dr., suite 310B

Cary, NC 27511

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## **Pricing:**

- Acupuncture:
  - Initial treatment: 90 minutes, \$140
  - Follow up treatment: 60 minutes, \$90
  - Package of 3 treatments: \$250, has to be fulfilled within a 1-month unless approved otherwise by Diem Bui, L.Ac.
- Cupping/gua sha: 20 minutes, \$30
- Herbal consultation: for returning patients, 30 minutes, \$50 + cost of formula(s).

## **Scheduling and Payment:**

- Office hours are made available by appointment.
- A 48-hour notice is required for cancellation or rescheduling, otherwise you will be charged for a no-show fee.
- Full payment is expected at the time of service. I accept cash, check, Venmo, and card (via Square) at this time. I am able to provide you with a receipt upon request. There is a \$25 fee for returned checks.
- Nam Hoa Acupuncture is not responsible for any billing associated with your insurance. An invoice for your office visit can be provided upon request. You have the option to check with your insurance, and/or HSA carrier to see if reimbursement is possible.

## **Preparation and Arrival:**

- Please print and fill out the First Time Patient Forms before coming to your first appointment. If you are unable to print out the forms, please arrive 15-20 minutes in advance of your

appointment time to fill them out. Please provide a list of any past and current medications, along with any supplements, with dosage.

- Comfortable clothes are recommended. Please have a light meal or snack within an hour of your appointment.
- I appreciate and encourage timely arrivals. If you arrive early, please have a seat in front of the treatment room for there may be another treatment in session. A late arrival will result in a shorter visit. A 30-minute late arrival will be considered a no-show.

### **Your treatment:**

Treatments take place in a peaceful, private, and comfortable environment. Your visit begins by discussing health history and your specific goals for treatment. Upon assessing your health condition, I may select from a variety of techniques to complement your acupuncture treatment. These techniques include: cupping, gua sha, moxibustion or electro acupuncture. Your treatment may also include suggestions for dietary changes or referrals to other healthcare modalities that would best achieve your treatment goals. Following treatment, it's best to give your body plenty of rest, drink a good amount of water and keep exercises to a minimum for a day. Your questions and feedback are welcomed before, during and after your treatment.

### **Acknowledgement of receipt of clinic policies & privacy policies (HIPAA)**

I, \_\_\_\_\_, have read, understood and agreed to the office policies and privacy policies for healthcare services at Nam Hoa Acupuncture.

Signature \_\_\_\_\_ Date \_\_\_\_\_